|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Mean number of days vegetables consumed in a typical week** | | | | | | | | | |
|  | **Male** | | | **Female** | | | **Total** | | |
| Age Categories (Years) | n | Mean number of days | 95% CI | n | Mean number of days | 95% CI | n | Mean number of days | 95% CI |
| 18-29 | 542 | 4.0 | 3.7 - 4.3 | 964 | 4.4 | 4.2 - 4.5 | 1506 | 4.2 | 4.1 - 4.4 |
| 30-44 | 590 | 4.3 | 4.0 - 4.5 | 1038 | 4.2 | 4.0 - 4.4 | 1628 | 4.2 | 4.1 - 4.4 |
| 45-59 | 273 | 4.2 | 3.7 - 4.7 | 441 | 4.2 | 3.9 - 4.6 | 714 | 4.2 | 3.9 - 4.5 |
| 45-69 | 240 | 5.0 | 4.8 - 5.3 | 424 | 5.0 | 4.7 - 5.3 | 664 | 5.0 | 4.8 - 5.2 |
| 60-69 | 108 | 4.9 | 4.1 - 5.7 | 251 | 4.2 | 3.7 - 4.8 | 359 | 4.5 | 4.1 - 5.0 |
| **Total** | **1753** | **4.3** | **4.1 - 4.4** | **3118** | **4.3** | **4.2 - 4.4** | **4871** | **4.3** | **4.2 - 4.4** |
| Location |  |  |  |  |  |  |  |  |  |
| Rural | 985 | 4.1 | 3.9 - 4.4 | 1771 | 4.3 | 4.1 - 4.5 | 2756 | 4.2 | 4.1 - 4.4 |
| Urban | 768 | 4.4 | 4.2 - 4.7 | 1347 | 4.4 | 4.2 - 4.5 | 2115 | 4.4 | 4.3 - 4.5 |